

LEARN MORE ABOUT PARO



Dear Toronto Residents,
I would like to take the opportunity to formally introduce you to the Toronto PARO team:

As PARO General Council members, we are here to help you succeed during your residency. Please feel free to reach out to us with any questions you may have.

A list to highlight a few of the resources PARO has to support residents are:



- PARO 24 Hour Helpline - 1-866-HELP-DOC
Confidential and free assistance available to residents and their partners and families.



- Top Contract Questions
Sick Days, Call Stipends, Parental Leave and more.



- PARO's Guide for Chief and Senior Residents
To help senior/chief residents with scheduling and the PARO-CAHO Collective Agreement.



- Residents and COVID-19 website
A dedicated web page to provide residents with useful and up to date COVID-19 information.



- To learn more about how PARO can help you, visit www.myparo.ca

Yours sincerely,
Alis Xu
Family Medicine PGY2
Toronto PARO Site Chair