



Collaborative Learning

Quarterly newsletter for sharing collaborative learning news and opportunities - January 2022 (Vol. 2)

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Collaborative Learning Facilitator Workshop

For people who are new to Collaborative Learning facilitation, or for those who like to brush up on these skills, we are offering a **Collaborative Learning Facilitator Workshop** on **Thursday February 10, 2022** from **9:00-11:00 am**. The interactive session will take place over Zoom.

To **register** for this workshop, please use the following link: <https://www.surveymonkey.com/r/DPBTNW7>

This winter, we will offer two types of CL Activities to our learners.

The Collaborative Learning Student- Series (Elective): Each elective has a session lead who delivers the content and leads the various collaborative, interactive activities. Collaborative Learning facilitators support the learning by co-leading the breakout room activities (e.g. case discussion, exploration of a topic). Orientation is provided to facilitators prior to the event.

The Collaborative Learning Structured Placement: This activity consists of four weekly, 1.5 hour facilitated sessions with shadowing opportunities in-between the weekly sessions. Ideally facilitators would be available to facilitate all 4 sessions. Small groups are required to present a small final presentation.

We have opportunities for facilitators in both types of activities.

The Collaborative Learning Student-Series (Elective)

My Disease will never define me Feb 2nd 5:15-7:15 pm
My Disease will never define me March 30th 5:15-7:15 pm

Acute care stroke: a team perspective March 24th 12:00-2:00pm
Compassion fatigue & resiliency April 5th 12:00-2:00 pm

Low back pain: it takes a team
 April 13th 8:30-12:00 pm

The Collaborative Learning Structured Placement

Structured Placement
 Feb 2nd, 9th, 16th, 23rd, 2022
 2:30-4:00 pm

There are a variety of other ways that you can become involved in Unity Health collaborative learning activities.

- These include:**
- Building curriculum
 - Reviewing curriculum (e.g. reading a case and providing your perspective)
 - Participating in a panel discussion
 - Leading a learning activity
 - Facilitating a small group (part of an overall curriculum)

If you are interested in learning about these activities, please reach out to robyn.davies@unityhealth.to

Collaborative learning occurs when learners from two or more different perspectives learn about, from and with each other to enable effective collaboration and improve health outcomes.



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What's new this Winter for our Learners @ Unity Health?

We are happy to offer a number of Collaborative Learning (CL) activities at Unity Health this winter including:

- Learner Wellness Activities
- Collaborative Learning Electives
- Collaborative Learning Structured Placements.

Learner Wellness Activities

This winter we have scheduled three (3) in-person Wellness Activities. Each session will take place from 12:00-1:00 p.m. and will offer an opportunity to meet other learners and to participate in different wellness activities. Learner wellness resources will also be shared and there will be prizes.

- St Joseph's site - February 15th
- St Michael's site - March 09th
- Providence site - April 06th

Preceptors & Supervisors:

Would you like to be notified about upcoming opportunities for you or your learners?

Request to be part of our mailing list



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To register for any CL activity please go to:

<https://www.surveymonkey.com/r/MMVB2PF>

Details of the event, including location, will be provided with the registration confirmation.

Collaborative Learning Student- Series (Electives)

These are 1.5-2 hour sessions are scheduled to take place on various days and times throughout the winter term. Many of the activities have limited registration and learners are encouraged to sign up early to secure a spot. Please also remember to cancel, if you are no longer able to attend.

These learning activities are approved by the University of Toronto, Centre for Interprofessional Education for IPE credit and will take place over Zoom.

**To participate in the Wellness debrief, learners must participate in at least one Unity Health Wellness activity prior to debrief.

| Date/Time | Activity Title |
|--------------------------|---|
| Feb 2 (5:15-7:15 pm) | "My disease will never define me" |
| Feb 8 (12:00-2:00 pm) | Sex & Gender in Healthcare |
| Feb 24 (12:00-2:00 pm) | Lessons Learned in the World of Healthcare Education & Social Media |
| March 1 (2:30-4:30 pm) | Supported Conversations |
| March 23 (3:00-4:30 pm) | Perspectives |
| March 24 (12:00-2:00 pm) | Acute Care Stoke: A team perspective |
| March 30 (5:15-7:15 pm) | "My disease will never define me" |
| March 31 (12:00-2:00 pm) | Using Social Media for Positive Impact |
| April 5 (12:00-2:00 pm) | Compassion Fatigue and Resiliency |
| April 13 (8:30-12:00 pm) | Low back pain: it takes a team |
| Date TBD | *Wellness debrief |

Collaborative Learning Structured Placement

This Collaborative Learning activity consists of four weekly, 1.5 hour facilitated sessions with shadowing opportunities in-between the weekly sessions. Learners are expected to participate in all 4 sessions. Small groups are also required to present a small final presentation.

This learning activity is approved by the University of Toronto, Centre for Interprofessional Education for IPE credit (*IPE Component in a Practice Setting*) and will take place over Zoom.

| Week | Date | Activity |
|----------------|---------------------|------------------------------------|
| 1 | Feb 2 2:30-4:00 pm | Facilitated small group |
| between wk 1&2 | Your choice | Shadow team member |
| 2 | Feb 9 2:30-4:00 pm | Facilitated small group |
| between wk 2&3 | Your choice | Shadow team member |
| 3 | Feb 16 2:30-4:00 pm | Facilitated small group |
| 4 | Feb 23 2:30-4:00 pm | Presentation, Wrap-up & Evaluation |

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Would you like help with a collaborative learning activity? Consult the Collaborative Learning Committee



If you are planning to develop a new educational session or would like assistance embedding collaborative principles into an existing session/program, fill out [this consultation request form](#) and let us know how we can help.

Fall Term 2021 - Overview Collaborative Learning Hosted:

10
Activities

225
Learners

10
Different Disciplines

6
Academic Institutions

"I would recommend session to a colleague"

4.4/5

Testimonials

"This was the most engaging and interesting Zoom IPE session that I have done yet."

"Hearing the patient's story really enabled me to see and understand the value of empathy"

"This session helped reinforce that we need to take care of ourselves....wellness is crucial for team functioning (and to provide care to others)."

"I am learning to check myself when I fall into binary thinking - identities exist on a spectrum, and not to make assumptions based on people's presentation."

An Interview with Jasdeep

This fall, as part of new responsibilities, Jasdeep Grewal supported various Collaborative Learning activities at Unity Health. This role involved helping with administrative duties of the curriculum, including technical support for the virtual activities. We sat down with Jasdeep to find out about the insights he gained through this experience. What follows is a short excerpt from that interview.

What value does Collaborative Learning bring to Unity Health?

"I recognized how important CL is for Unity Health. It helps to break down silos early in the learners journey, by reinforcing that patient care is a collaborative effort. It supports our mission - developing a more inclusive space. I also saw our participants learning about what colleagues from another discipline bring to the table and how this can lead to better patient care."

What was your favourite Collaborative Learning experience/moment?

I really enjoyed the Perspectives elective. It was very interactive and the learners really seemed to enjoy themselves. I like that the break-out rooms are facilitated and learners have access to clinicians and therefore real life examples.

I also enjoyed the part of the Structured Placement that learners shared and reflected on the shadowing experiences that they participated in. It was great to hear how they related what they saw to the patient journey/experience and how they will use this experience to inform their future practice."



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