



# Collaborative Learning

Quarterly newsletter for sharing collaborative learning news and opportunities - Sept 2022 (Vol. 4)

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## Let's Celebrate!!

Unity Health's Patient Family Partner, **Helen Sklarz**, is the recipient of the prestigious University of Toronto, Centre for Collaborative Healthcare & Education (CACHE) **2021- 2022 Award of Merit for Excellence in Interprofessional Education Teaching.**

**Congratulations Helen!!**

## Collaborative Learning Facilitator Workshop

This 2 hour, interactive, virtual workshop is scheduled for **October 6, 2022** from **9:00-11:00 am**. It is an opportunity to learn facilitation skills in an interprofessional context. To **register** for this workshop, please use the following link:

[https://www.surveymonkey.com/r/CLFacilitatorTraining\\_2022](https://www.surveymonkey.com/r/CLFacilitatorTraining_2022)



## Facilitator Opportunities

We are looking for Collaborative Learning Facilitators to support our fall curriculum. Facilitators guide small group break out room reflections and discussions. Orientation and resources are provided prior to the activity.

### Current Opportunities Include:

#### "My Disease will never define me.."

A session on Empathy  
 October 12 - 5:15-7:15 pm  
 November 16 - 5:15-7:15 pm

### Other Opportunities to Get Involved:

- Building curriculum
- Reviewing curriculum (e.g. reading a case and providing your perspective)
- Participating in a panel discussion
- Leading a learning activity
- Facilitating a small group (part of an overall curriculum)

If you are interested in learning about these activities, please reach out to [robyn.davies@unityhealth.to](mailto:robyn.davies@unityhealth.to)

**Would you like help** with a collaborative learning activity? Consult the Collaborative Learning Committee. If you are planning to develop a new educational session or would like assistance embedding collaborative principles into an existing session/program, contact us @ [collaborative.learning@unityhealth.to](mailto:collaborative.learning@unityhealth.to)

*Collaborative learning occurs when learners from two or more different perspectives learn about, from and with each other to enable effective collaboration and improve health outcomes.*



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# What's new this Fall for our Learners @ Unity Health?

We are happy to offer a number of Collaborative Learning (CL) activities at Unity Health this fall including:

- Collaborative Learning Electives
- Collaborative Learning Structured Placements.

## Preceptors & Supervisors:

Would you like to be notified about upcoming opportunities for you or your learners? Request to be part of our mailing list:



[collaborative.learning@unityhealth.to](mailto:collaborative.learning@unityhealth.to)

## Collaborative Learning Student- Series (Electives)

These are 1.5-2 hour sessions are scheduled to take place on various days and times throughout the fall term. Many of the activities have limited registration and learners are encouraged to sign up early to secure a spot. *Please also remember to cancel, if you are no longer able to attend.* Registration will open 2 weeks prior to the event.

These learning activities are approved by the University of Toronto, Centre for Advancing Collaborative Healthcare & Education (CACHE) for IPE credit and most will take place over Zoom.

\*\*To participate in the Wellness debrief, learners must participate in at least one Unity Health Wellness activity prior to debrief.

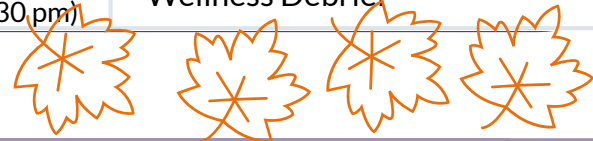
To register for any CL activity please go to:

<https://www.surveymonkey.com/r/CLActivitiesFall2022>

Registration is open 2 weeks prior to activity.

Details of the event, including location, will be provided with the registration confirmation.

Date/Time	Activity Title
October 12 (12:00-2:00 pm)	Perspectives
October 12 (5:15-7:15 pm)	"My Disease will never define me": Exploring empathy
October 19 (12:00-2:00 pm)	Social Media: Lessons learned in the world of healthcare education
October 20 (3:00-4:30 pm)	**Wellness Debrief
November 03 (12:00-2:00 pm)	Social Media II: Using social media to impact health outcomes
November 15 (12:00-2:00 pm)	Acute Care Stroke: It's about teamwork
November 16 (5:15-7:15)	"My Disease will never define me": Exploring empathy
November 22 (12:00-2:00 pm)	Interprofessional Conflict (NOTE: in-person at St Michaels)
November 24 (12:00-2:00 pm)	Stroke Rehabilitation Care
December 08 (3:00-4:30 pm)	**Wellness Debrief



## Collaborative Learning Structured Placement

Week	Activity	St. Joseph's	St. Michael's	Providence
1	Facilitated discussion	Oct. 05 2:30-4:00 pm	Nov 09 2:30-4:00 pm	Nov 10 2:30-4:00 pm
Between W 1 & 2	Observe collaboration	Your choice	Your choice	Your choice
2	Facilitated discussion	Oct. 12 2:30-4:00 pm	Nov 16 2:30-4:00 pm	Nov 17 2:30-4:00 pm
Between W 2 & 3	Collaborate with a team member	Your choice	Your choice	Your choice
3	Facilitated discussion	Oct. 19 2:30-4:00 pm	Nov 23 2:30-4:00 pm	Nov 24 2:30-4:00 pm
Between W 3 & 4	Shadow a team member	Your choice	Your choice	Your choice
4	Presentation & Wrap up	Oct. 26 2:30-4:00 pm	Nov 30 2:30-4:00 pm	Dec 01 2:30-4:00 pm

This Collaborative Learning activity consists of four weekly, 1.5 hour facilitated sessions with shadowing opportunities in-between the weekly sessions. Learners are expected to participate in **all 4** sessions. Small groups are also required to present a small final presentation.

This learning activity is approved by the University of Toronto, Centre for Advancing Collaborative Healthcare and Education (CACHE) for IPE credit (*IPE Component in a Practice Setting*) and will take place **in-person at each of our sites.**

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## Summer Term 2022 - Overview Collaborative Learning Hosted:

8

Activities

137

Learners

15

Different Disciplines

5

Academic Institutions

"I would  
recommend  
session to a  
colleague"

4.6/5

### Testimonials

"Thank you for choosing to make an IPE course on an important topic that I think all healthcare professional students should take." [Sex & Gender in Healthcare]

"I learned a lot about leadership/teammate style and also about the importance of hearing from different professionals"

"I have been inspired to ask more questions about the roles of other professionals I work with. I have also learned about other ways to foster wellness in the workplace"

"Great job, thank you! I really appreciate the opportunity to engage in discussion and reflect on important topics"

### Transition to Clerkship: IPE Shadowing and Facilitated Debrief hosted at Unity Health

Submitted by: Margaret Harder & Sonya Surbek



During the week of August 22<sup>nd</sup>, fifty-four, third year, Fitzgerald Academy<sup>1</sup> medical learners were paired up with clinicians across Unity Health to spend a half day shadowing as part of their Transition to Clerkship curriculum. A small group facilitated debrief followed the experiences, where students reflected on their own experiences and heard about what their colleagues did.

We talked with one learner, Tania Saha, who shares her experience shadowing Nina Franke, a Dietitian on our St Michael's cardiovascular and vascular surgery team.

#### What stood out for you?

Firstly, I was able to join rounds with Nina to learn how she collaborated with the team to ensure the patients received the appropriate care and resources, and how she created nutrition care plans for patients (balancing ability to swallow, religious considerations, and healthcare needs).

#### What did you gain from the facilitated debrief?

The debrief allowed me to learn about different roles such as spiritual care, vascular sonographers, and other specialties. I didn't realize how big the allied healthcare team was. It also allowed me to share my experiences about the importance of diet in patient care. Ranging from ensuring food is delivered in its optimal format, to being aware of the dietary needs of patients (cultural, social and medical needs considered) and appreciating the consequence of ignoring these needs; including delayed recovery and poor patient satisfaction.

#### What are you taking away from this experience?

I am taking away different resources to reach out to when caring for a patient. It is important to understand healthcare is holistic and to utilize the interprofessional team to ensure we provide the best care for the people we care for.

<sup>1</sup>The Fitzgerald Academy is comprised of UofT medical students who complete their four years of training at Unity Health. The MD students (known as "Fitzies") learn clinical skills, participate in case-based learning and have opportunities to participate in collaborative learning activities.

### What our TTC IPE Shadowing Debrief Facilitators said:

"My favourite part of the conversation was when the students talked about what they were most surprised of/what stood out to them...I felt like we touched on some role biases that were important to address."

"I enjoyed the entire experience."

"I found the learners very reflective and insightful about what they learned and experienced."

"The students all seemed like they had a fantastic shadowing experience and gained some valuable insights. I really enjoyed hearing about what they learned."

