

Collaborative Learning

Quarterly newsletter for sharing collaborative learning news and opportunities
- September 2023 (Vol. 6) -



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- **For everyone:** A story about Anti-Oppressive Education work.
- **For staff & physicians:** Facilitator opportunities & staying in touch.
- **For Learners:** What's happening this Fall at Unity Health?
- **Winter & Summer 2023:** A summary of activities.

Aligning Anti-Oppressive Education Principles with Collaborative Learning:

Over the summer months, a small working group, made up of members from the Collaborative Learning Committee, began to explore the Unity Health Toronto's new Advancing Anti-Oppressive Education principles to better understand how to apply these 7 principles to Collaborative Learning. Meeting weekly for dialogue, the group examined the principles initially from a personal perspective; asking the questions of ourselves. Next, the group will use the document to interrogate four aspects of Collaborative Learning work including: curricular review, committee structure & processes, individual activity review and facilitator training. We spoke to a member of the working group, Janet Rodriguez, a Patient & Family Partner at Unity Health Toronto, about her experiences. Here's what she said: (see page 3)

Upcoming Facilitator Opportunities

"My disease will never define me..."
A Session on Empathy

October 18, 2023
(5:15pm - 7:15pm
via Zoom)

Compassion Fatigue

December 5, 2023
(11:30am - 1:00pm
via Zoom)

Facilitator Opportunities:
We are looking for Collaborative Learning Facilitators to support our Fall curriculum. Facilitators guide small group breakout room reflections and discussions. Orientation and resources are provided prior to the activity.

For more information, contact: collaborative.learning@unityhealth.to

Would you like help with a collaborative learning activity? Consult the Collaborative Learning Committee!

If you are planning to develop a new educational session or would like assistance embedding collaborative principles into an existing session/program, contact us at collaborative.learning@unityhealth.to

Collaborative learning occurs when learners from two or more different perspectives learn about, from, and, with each other to enable effective collaboration and improve health outcomes.



What's new this Fall for our Learners @ Unity Health?

We are happy to offer a number of Collaborative Learning (CL) activities at Unity Health this Fall including:

- Collaborative Learning Student Series (Electives)
- Collaborative Learning Structured Placements

Collaborative Learning Student Series (Electives)

These 1.5 - 2 hour sessions are scheduled to take place on various days and times throughout the Fall term. Many of the activities have limited registration and learners are encouraged to sign up early to secure a spot. Please also remember to cancel, if you are no longer able to attend. Registration will open 2 weeks prior to the event.

These learning activities are approved by the University of Toronto, Centre for Advancing Collaborative Healthcare & Education (CACHE) for IPE credit and most will take place over Zoom.

** To participate in the Wellness debrief, learners must participate in at least one Unity Health Wellness activity prior to the debrief.

To register for any CL activity, please use link:
<https://www.surveymonkey.com/r/CLRegistrationFall2023>

Registration is open 2 weeks prior to activity.

Details of the event, including location, will be provided with registration confirmation.



Preceptors & Supervisors

Would you like to be notified about upcoming opportunities for you or your learners?
 Request to be part of our mailing list:



collaborative.learning@unityhealth.to



Date/Time	Activity Title
October 4, 2023 (12:00pm-2:00pm)	Perspectives
October 5, 2023 (2:00pm-4:00pm)	Wound Care
October 18, 2023 (12:00pm-2:00pm)	Person Centred Language
October 18, 2023 (5:15pm-7:15pm)	"My disease will never define me": Exploring Empathy
November 1, 2023 (3:00pm-4:30pm)	Wellness Debrief**
November 02, 2023 (12:00pm-2:00pm)	Meet your Professional Neighbour: Shadowing and Debrief
November 21, 2023 (2:00 pm -4:00 pm)	Supported Conversations
Nov 23, 30 & Dec 07 (12:00pm-1:30pm)	Exploring EDIA concepts (2 or 3-part session) Details to follow
November 29, 2023 (12:00pm-2:00pm)	De-Escalation
December 5, 2023 (11:30am-1:00pm)	Compassion Fatigue

Collaborative Learning Structured Placement

This Collaborative Learning activity consists of four weekly 1.5 hour facilitated sessions with shadowing opportunities in-between the weekly sessions. Learners are expected to participate in all 4 sessions. Small groups are also required to deliver a small final presentation.

This learning activity is approved by the University of Toronto, Centre for Advancing Collaborative Healthcare & Education (CACHE) for IPE credit (*IPE Component in a Practice Setting*) and will take place **in-person at each of our sites**.

Week	Activity	Date & Time
Week 1	Facilitated Discussion	November 15, 2023 2:30pm - 4:00pm
Between W1 & 2	Observe	Your Choice
Week 2	Facilitated Discussion	November 22, 2023 2:30pm - 4:00pm
Between W2 & 3	Collaborate	Your Choice
Week 3	Facilitated Discussion	November 29, 2023 2:30pm - 4:00pm
Between W3 & 4	Shadow	Your Choice
Week 4	Presentation & Wrap-up	December 6, 2023 2:30pm - 4:00pm

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"I would recommend session to a colleague."
4.35/5

Testimonials

"A deeper understanding of the roles of different professions and how collaboration can improve health outcomes based on shared information and decision making."

"Understanding what type of learner I am and how that could benefit groups and be a challenge for other types of learners."

"The importance of interprofessional collaboration in healing pressure injuries."

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Aligning Anti-Oppressive Education Principles with Collaborative Learning

(Continued from page 1)

What motivated you to be a part of the Collaborative Learning Anti-Oppressive Education Working Group?

Equity! As an Adult Educator, patient partner and health mentor, and as a racialized immigrant woman living with disabilities, I usually don't hold power in the spaces I volunteer.

I have been part of the CL Working Group for 5 years and I was thrilled to know that we are going to intentionally look at the structural oppression in the healthcare and education systems and the existing barriers to access equitable learning and delivery of care.

What has been your experience with the working group?

I was grateful for the opportunity to reflect critically about our own experiences of privilege and oppression. I value the time and continuity of the discussion, anti-oppression as well as disability inclusion is not a topic to be learned in one lesson. In my advocacy work with the GTA Cross Disability Coalition, I apply a disability justice lens which holds similar principles to an anti-oppression framework with the distinct feature of 'leadership of those who experience the oppression'.

What impact do you hope that this working group will make on CL curriculum at Unity?

We can be intentional about including certain elements: asking what accommodations learners or facilitators need; show diversity in the images or stories we include. As the co-chair of the Patient and Family Council, I would like to extend this to all Patient Partners.

Are you a student at Unity Health and interested in finding out more information? Visit the [Student Centre website](#) for all things Collaborative Learning and more!

