

Collaborative Learning

Quarterly newsletter for sharing collaborative learning news and opportunities
- January 2024 (Vol. 7) -



In This Issue:

- **For everyone:** A story about EDIA
- **For staff & physicians:** Facilitator opportunities & staying in touch.
- **For Learners:** What's happening this Winter at Unity Health?
- **Fall 2023:** A summary of activities.

Equity, Diversity, Inclusion and Accessibility (EDIA): What are you noticing? Partnership for Collaborative Learning

In the summer of 2022, the Interprofessional Education (IPE) leaders' network in collaboration with the University of Toronto's Centre for Advancing Collaborative Healthcare & Education created a working group to design a collaborative learning activity attending to Equity, Diversity, Inclusion and Accessibility (EDIA) principles within a clinical healthcare team environment. The pilot aimed to create space for learners to examine and reflect on existing clinical environments and experiences, considering both EDIA principles and collaborative practice competencies. **(Continued on page 3)**



Facilitator Opportunities:

We are looking for Collaborative Learning Facilitators to support our Fall curriculum. Facilitators guide small group breakout room reflections and discussions. Orientation and resources are provided prior to the activity.

For more information, contact: collaborative.learning@unityhealth.to

Upcoming Facilitator Opportunities

**"My disease will never define me..."
A Session on Empathy**

**February 07, 2024
(5:15pm - 7:15pm
via Zoom)**

**Compassion &
De-escalation**

**February 13, 2024
(12:00 - 2:00pm
via Zoom)**

Would you like help with a collaborative learning activity? Consult the Collaborative Learning Committee!

If you are planning to develop a new educational session or would like assistance embedding collaborative principles into an existing session/program, contact us at collaborative.learning@unityhealth.to

Collaborative learning occurs when learners from two or more different perspectives learn about, from, and, with each other to enable effective collaboration and improve health outcomes.



What's new this Winter for our Learners @ Unity Health?

We are happy to offer a number of Collaborative Learning (CL) activities at Unity Health this Fall including:

- Collaborative Learning Student Series (Electives)
- Collaborative Learning Structured Placements

Collaborative Learning Student Series (Electives)

These 1.5 - 2 hour sessions are scheduled to take place on various days and times throughout the Fall term. Many of the activities have limited registration and learners are encouraged to sign up early to secure a spot. Please also remember to cancel, if you are no longer able to attend. Registration will open 2 weeks prior to the event.

These learning activities are approved by the University of Toronto, Centre for Advancing Collaborative Healthcare & Education (CACHE) for IPE credit and most will take place over Zoom.

To register for any CL activity, please use link:

<https://www.surveymonkey.com/r/CLRegistrationWinter2024>

Registration is open 2 weeks prior to activity

Details of the event, including location, will be provided with registration confirmation.



Preceptors & Supervisors

Would you like to be notified about upcoming opportunities for you or your learners? Request to be part of our mailing list:



collaborative.learning@unityhealth.to



| Date/Time | Activity Title |
|--|--|
| February 01, 2024 (2:30pm-4:00pm) | Wellness Debrief** |
| February 07, 2024 (5:15pm-7:15pm) | "My disease will never define me": Exploring Empathy |
| February 13, 2024 (12:00pm-2:00pm) | Compassion & De-Escalation |
| February 29 – March 14 (12:00-1:30 pm) | EDIA concepts - Noticing & dialogue (3-part session) worth 2 IPE credits |
| March 2024 - TBD | Wound Care |
| April 10, 2024 (12:00-2:00 pm) | Perspectives |

** To participate in the Wellness debrief, learners must participate in at least one Unity Health Wellness activity prior to the debrief.

Collaborative Learning Structured Placement

This Collaborative Learning activity consists of four weekly 1.5 hour facilitated sessions with shadowing opportunities in-between the weekly sessions. Learners are expected to participate in all 4 sessions. Small groups are also required to deliver a small final presentation.

This learning activity is approved by the University of Toronto, Centre for Advancing Collaborative Healthcare & Education (CACHE) for IPE credit (*IPE Component in a Practice Setting*) and will take place **in-person at each of our sites.**

| Week | Activity | Date & Time |
|----------------|------------------------|--------------------------------------|
| Week 1 | Facilitated Discussion | February 06, 2024 2:30pm - 4:00pm |
| Between W1 & 2 | Observe | Your Choice |
| Week 2 | Facilitated Discussion | February 13, 2024 2:30pm - 4:00pm |
| Between W2 & 3 | Collaborate | Your Choice |
| Week 3 | Facilitated Discussion | February 20, 2024 2:30pm - 4:00pm |
| Between W3 & 4 | Shadow | Your Choice |
| Week 4 | Presentation & Wrap-up | February 27, 2024 2:30pm - 4:00pm |

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2023 Fall Overview



9

Activities

205

Learners

12

Different Disciplines

3

Academic Institutions

"I would recommend session to a colleague."

4.68
/5

Testimonials

"Reflection activities using the case study... helped me think about how I would act in future practice"

"I really appreciated the ability to have discussions with students from professions in breakout, I feel that I learned a lot from the conversations"

"I loved how interactive it was"

"Active listening and validation of patients' feelings are so important!"

Equity, Diversity, Inclusion and Accessibility (EDIA): What are you noticing?

(Continued from page 1)

The initial pilot was offered virtually in August 2023 and used a transformative approach. Based on that experience and learner feedback the next revised version was offered in November. In-person groups of learners from Unity Health and North York General Hospital came together over Zoom to participate in 3 weekly facilitated dialogues. During the first session, learners used the flower model, to reflect upon their own positions of privilege and considered the impact that presence or absence of privilege can impact a patient's experience and team dynamics. During sessions 2 and 3 learners were given the opportunity to share their clinical 'noticings' and critically reflect upon what they were seeing.

Roberta Pike, Director Indigenous Wellness Reconciliation & Partnerships, Care Experience & Equity, offered a very informative and thought provoking lesson introducing the practice of smudging. Learners noted that this was among the highlights of the session.

Learners rated the activity highly and one learner summed up the following:

"I liked how all students were able to share their experiences in the clinical setting regarding EDIA. Their experiences made me feel like I could relate to theirs, and learn how to approach different situations appropriately."

Planning has started for a February-March 2024 version of the activity.

Are you a student at Unity Health and interested in finding out more information? Visit the Student Centre website for all things Collaborative Learning and more!

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@UnityHealthEd



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