

# Collaborative Learning

Quarterly newsletter for sharing collaborative learning news and opportunities  
- May 2024 (Vol. 8) -



## In This Issue

- **For everyone:** A story about Facilitation
- **For staff & physicians:** Staying in touch.
- **For Learners:** What's happening this Spring at Unity Health?
- **Winter 2024:** A summary of activities.



### A Reflection on my Experience as a Co-facilitator of Collaborative Learning at Unity Health

My name is Sonya (she/her) and I am the new education coordinator for Health Disciplines (HD) learners. I also provide administrative support to the Collaborative Learning program at Unity Health Toronto. Recently, I was given the opportunity to co-facilitate a structured placement with Robyn Davies and Jessica Wilk that involved a series of small group discussions with Unity Health learners who are on a concurrent clinical placement. **(Continued on page 3)**



### Join us for our Pilot of 3-Weekly Activities

Please join us for a pilot, 3-weekly, half day, interactive, in-person, and interprofessional series.

Learners will have the opportunity to work together to enhance practical rehabilitation skills, share clinical experiences, learn a little bit about their preferred communication style and earn IPE credits.

#### What is a Structured Placement?

- Three weekly, 1.5 hour facilitated sessions
- Shadowing opportunities in-between weekly sessions.
- Learners are expected to participate in all 3 sessions.
- Small final presentation.

#### Legend



In-person @ Providence



Hybrid; In person at your placement site

|                  | May 01   | May 08   | May 15   |
|------------------|--|--|--|
| 1:00-2:30 p.m.   | <b>Practical Rehabilitation</b><br>(1 IPE Credit)  | <b>Team Shadowing</b>  | <b>Part 3</b><br>Structured Collaborative Learning Placement<br>(IPE Credit in a Clinical Setting) |
| 2:30 - 4:00 p.m. | <b>Part 1</b><br>Structured Collaborative Learning Placement<br>(IPE Credit in a Clinical Setting) | <b>Part 2</b><br>Structured Collaborative Learning Placement<br>(IPE Credit in a Clinical Setting) | <b>Perspectives</b><br>(1 IPE Credit)  |

To register or ask questions, email: [collaborative.learning@unityhealth.to](mailto:collaborative.learning@unityhealth.to)



## Collaborative Learning Student Series

These 1.5 - 2 hour sessions are scheduled to take place on various days and times throughout the spring/summer term. Many of the activities have limited registration and learners are encouraged to sign up early to secure a spot. Please also remember to cancel, if you are no longer able to attend. Registration will open 2 weeks prior to the event.

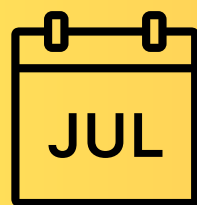
These learning activities are approved by the University of Toronto, Centre for Advancing Collaborative Healthcare & Education (CACHE) for IPE credit and most will take place over Zoom.



### Join us for a 3-part Activity: June 13, 20 & 27 (12:00-1:30 p.m.)

Through a weekly, facilitated dialogue, this IPE elective will focus on exploring how equity, diversity, inclusion, and accessibility (EDIA) concepts and systems of oppression (e.g. ableism amongst others) and inequities (e.g. power and hierarchy) relate to and surface in collaborative practice (i.e. on the team).

- This will be a dynamic and participatory in-person experience. This is not a lecture about EDIA.
- Worth 2 IPE Credits
- This is a 3-part session with in-between activities.
- Learners must be able to attend all three (3) sessions.



### We are also working on a Collaborative Learning activity exploring **Ableism and Health Equity.**

Watch out for date, time, and more details.


To register for any CL activity, please click on the [link](#) or use QR code:



Registration is open 2 weeks prior to activity. Details of the event, including location, will be provided with registration confirmation.

### Preceptors & Supervisors

Would you like to be notified about upcoming opportunities for you or your learners?  
Request to be part of our mailing list:

 [collaborative.learning@unityhealth.to](mailto:collaborative.learning@unityhealth.to)



**Would you like help** with a collaborative learning activity? Consult the Collaborative Learning Committee!

If you are planning to develop a new educational session or would like assistance embedding collaborative principles into an existing session/program, contact us at [collaborative.learning@unityhealth.to](mailto:collaborative.learning@unityhealth.to)

*Collaborative learning occurs when learners from two or more different perspectives learn about, from, and, with each other to enable effective collaboration and improve health outcomes.*

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# 2024 Winter Overview

7

Activities

148

Learners

14

Different Disciplines

5

Academic Institutions

"I would recommend session to a colleague."

4.4  
/5

## Testimonials

*"It was a well-run, nicely paced virtual activity - Thank you and great job!"*

*"Thank you for putting this session together! ... very important topic ... useful in my practice- whether I feel burnout, or if someone else in my team does, I feel more prepared to deal with [it]"*

*"I thoroughly enjoyed the activity"*

*"The small group discussion with the facilitator was helpful to hear the perspective of others"*

## A Reflection on my Experience as a Co-facilitator of Collaborative Learning at Unity Health *(Continued from page 1)*

The students were invited to recount stories about sharing the responsibilities of problem solving amongst a diverse team of professionals in a clinical setting. Admittedly, I felt a little out of my element at the beginning of the first session because I am not a clinician and I worried that my contributions would not be relevant. That feeling quickly subsided as I was welcomed into the discussion by current and future healthcare professionals and we worked together to establish a set of ground rules for the learning activity. Our main motivation was to create a safe space for everyone to discuss their experiences without judgment. As a co-facilitator, I understood it was my duty to foster the type of environment that enables self-reflection, an important exercise that is relevant to both clinical and non-clinical folks alike. This experience has taught me that no matter your role, engaging in discussions that inspire the co-creation of knowledge will enhance the hospital environment and provide improved insight into collaborative learning.



**Are you a student at Unity Health and interested in finding out more information? Visit the [Student Centre website](#) for all things Collaborative Learning and more!**

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